## Disability Advisory Committee

2 Applications

Michelle Christie Joe Taravella

#### Profile

Thank you for your interest in volunteering your time and expertise to the Culver City community. The information contained on this application is for use by the City in reviewing candidates to fill vacancies on City Commissions, Committees, and Boards. During consideration of applicants, the City may consider the information contained in this application, any required supplemental questionnaire, and any other publicly available information. An appointment to any Commission, Board or Committee is at the discretion of the appointing authority.

#### Ethics and Avoidance of Conflicts of Interest

As a reflection of the residents of the community, Culver City prides itself on the high ethical standards adhered to by its municipal government. As a prospective applicant, we want you to be informed about potential limitations that state and local law impose on individuals who serve the community, especially where they may have a financial conflict of interest. Please consider this information before submitting an application and accepting an appointment. Further information and training regarding these limitations, as well as other legal and procedural requirements when serving on these bodies (i.e. Brown Act, ethics laws, etc.), will be provided in the event you are appointed to one of the City's commissions, committees, or boards.

State law has established regulations intended to ensure that a public official does not use his or her position for personal, financial benefit.

• The California Political Reform Act prohibits a public official (including any of the City's commission, committee, or board members) from participating in any decision or deliberation that might affect the official's own financial interests. In such a situation, the official must publicly disclose the potential conflict of interest, recuse himself or herself from the item being discussed, and leave the meeting room while the matter is considered.

• Government Code Section 1090 imposes an even stricter prohibition. It prohibits a local body from "making" a contract with one of its own members (even if the member has recused him or herself), which includes all aspects of contract formation, including such actions as influencing the contract's scope or the selection of a contractor.

A community member volunteering to sit on a City commission, committee, or board should be aware of these restrictions and take them into consideration before applying for or accepting appointment to any of these bodies.

If you have questions about this information and how it may apply to your particular situation, please contact the City Attorney's Office at (310) 253-5660.

#### **Important Information**

As you complete your application, please be aware of the following:

You may attach a resume or other supplemental information. However, at a minimum, please ensure you submit this Application form by the applicable deadline.

Please note that certain bodies have additional supplementary questions that pertain to that particular body.

If appointed to a body, please be aware that:

• Important: Unless a specific exception is made by the City Council, generally individuals are

#### Michelle Christie

eligible to be appointed to serve on only one body at a time.

• All appointees will be required to attend an Ethics and Brown Act training class, which will be offered through the City Attorney's and City Clerk's Offices.

• State law and the City's Conflict of Interest Code may require you to file annual financial disclosure forms.

• Meeting dates and times of the various bodies are subject to change at the City Council's discretion, staff requirements and the availability of the meeting facilities.

• Please note that you may be subject to a background check. A conviction does not preclude you from being considered for a commission, board or committee appointment.

Please be advised this document is a public record and information contained herein may be subject to public disclosure as required by the California Public Records Act and any other applicable law.

#### Which Boards would you like to apply for?

Disability Advisory Committee: Submitted

If you are applying for more than one body, please list those bodies in the order of preference for which you would like to be considered below.

N	/Α
	<i>, ,</i> ,

Michelle First Name Christie Last Name

Are you a Culver City resident?

⊙ Yes ⊙ No

If you are a resident of Culver City, please list how many
years:



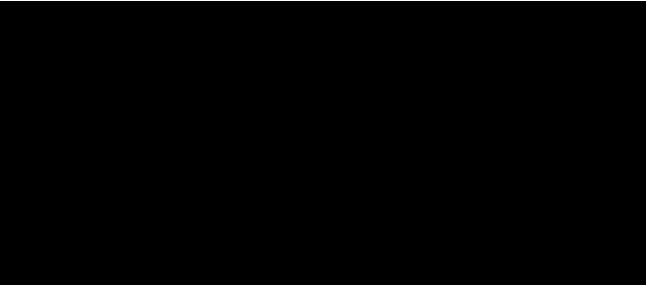
Are you a Culver City business owner/operator?

⊙ Yes ⊙ No

Are you registered to vote in Culver City? (Certain bodies currently require its members to be registered voters.)

⊙ Yes ⊙ No

#### Demographics



#### **Qualifications and Experience**

Have you ever worked for the City of Culver City?

⊙ Yes ⊙ No

If you have worked for the City of Culver City, please list dates of employment and names of departments.

N/A

If you are related to any current City employees or appointed officials of the City of Culver City, please indicate name(s) and relationship(s).

No

Have there been, or are there now, any circumstances and/or relationships which might reflect adversely on the propriety of your serving as a member of any body to which you might be appointed?

○ Yes ⊙ No

If yes, please explain:

Community Service (List commissions, boards, committees and other organizations on which you have served or currently serve, are a member or have been a member and offices held and in what city those positions were or are held). Please feel free to include participation in community events. Please highlight Culver City community involvement:

Board Member, Santa Monica History Museum
Advisory Council Member, Jazz Hands for Autism
Alexander Graham Bell Association Council for Exceptional Children
California Charter School
Association
Hearing Loss Association of America
Academy Television Arts and Sciences
Senior
Fellow and Mentor at City Scholars Foundation
Center for Nonprofit Management
Executive Services
Corps
National Association of Nonprofit Organizations and Executives

Employment. Please provide a minimum of 5 years of employment history, including titles and duties of current and past employment. Please feel free to attach a resume or CV in lieu of completing this section:

1996-present - Founder, Executive Director - No Limits Theater Group, Los Angeles, CA Founded No Limits Theatre Group. Leads the nonprofit organization that provides educational performing arts for children with hearing loss who listen and speak. Manages personnel, oversees budget, develops community partnerships, and writes, produces and directs original plays. Trains staff, educators of the deaf, and volunteers how to replicate productions nationwide. Directed over 150 plays and supervised over 120 productions nationwide. Performed at the Carnegie Hall, John F. Kennedy Center of the Performing Arts and other renowned theatre venues across the country. Writes and secures grants for No Limits programs. Secured over 15 million dollars in funds and over 2 million dollars with in-kind donations. Designs and coordinates all special events, including Annual Gala and Walkathon. Writes and develops strategic and fund development plan annually, creates annual operating budget, and works actively with Board President on board development and governance. 2001- present-Founder, Executive Director present - No Limits Educational Center, Los Angeles, CA Founded No Limits Educational Centers in Los Angeles, CA, Las Vegas, NV, and Oxnard, CA. Creates, develops and implements the after-school program for school age children with a hearing loss and their families. Creates programs that include individual auditory, speech, and language therapy, literacy, arts, science and technology, parent education, leadership and mentoring for teens with hearing loss, and family support. 1996-present -Teacher of the deaf - No Limits, Los Angeles, CA 1996- present - Curriculum Development - No Limits, Los Angeles, CA 1996- present - Parent Support & Advocacy Leader for deaf - No Limits, Los Angeles, CA

Education (Include professional or vocational licenses and certificates.) Please feel free to attach a resume or CV in lieu of completing this section:

Degrees: • Ed. D. Educational Leadership– University of California Los Angeles, Los Angeles, CA – 2013 Dean's Scholar Recipient, 4.0 GPA • M.S. Education – University of Southern California/John Tracy Clinic Los Angeles, CA - 1995 - Graduated with 4.0 GPA Received Full Fellowship, 1995 by USC • B.S. Business Management Minor: Communication – DePaul University Chicago, IL - 1991, Magna Cum Laude Professional Certifications: • Communications-Handicapped Credential – 2004 • American Speech-Language-Hearing Association: Clinical Certificate of Competence (CCC)



**Application Questions** 

# For the body(ies) to which you seek appointment(s), what have you determined to be the primary role of the body?

The primary role of the Culver City Disability Advisory Committee is to grow the existing community of leaders who are dedicated to the structural, social, and communal advancement of people with disabilities. The Disability Advisory Committee is the vital community link that organizes, identifies and prioritizes the imperative community resources, needs and laws shaping the lives of people with disabilities locally.

#### Why do you seek appointment on the body(ies)? Please be specific to the body(ies)'s role.

Advocacy becomes a powerful tool when a community of dedicated leaders join forces. It not only ensures that the most vulnerable populations have a voice in decisions impacting their lives, but it also empowers a community to safeguard their rights. This is the opportunity that I seek with the Culver City Disability Advisory Committee. As demonstrated in my professional achievements, educational expertise, advocacy leadership and organizational impact, I would be an asset to this committee as I continuously immerse myself in the fight to end the social injustices impacting people with disabilities. Though I have made immense impact in changing the lives of deaf children to thrive socially and academically in Culver City and nationwide, I want to continue this conversation and expand my work with individuals that are mission-aligned.

What is there specifically in your background, training, education or interests that qualifies you for appointment? What special qualities and/or qualifications can you bring to the body(ies) to which you seek appointment(s)?

I have an extensive background of exceptional community and educational work that is very much aligned with the mission of the Disability Advisory Committee. As a leader in the field of deafness, I have been the subject of multiple documentaries for my revolutionary educational techniques that have been replicated nationwide. The nonprofit I founded in 1996, No Limits for deaf children, continues to be the only theater group in the country for children with hearing loss learning to speak. I have written and produced all the children's plays so that each play can be tailored to meet the individual needs of the young actors involved. Additionally, I have developed theater techniques, enhanced students' speech and language skills and instilled an abundance of confidence. After traveling around the country working with children and families. I realized that children who reside in poverty often do not have resources to excel in school. compared to their more affluent peers. In 2002, I expanded No Limits to provide auditory, speech and language training year-round to impoverished deaf children in the Los Angeles area. The after-school center also offers bi-weekly literacy classes, weekly parent education and advocacy training, academic tutoring, STEM, arts enrichment, and a Leadership and Mentoring Academy for teens. No Limits has opened additional centers pioneering the expansion of its services to reach more communities in order to help deaf children learn the essential skills needed to graduate from college and become successful, productive members of society. I am a grassroots advocate that strives to increase my network of changemakers. It is my vocation to raise awareness levels pertaining to issues at the local, state, and federal level affecting people with disabilities. Before creating tremendous global impact, I want to help more people with disabilities in my Culver City community.

# How do you envision your fulfilling the objectives, and/or goals of the body(ies), as established by the City Council?

Diversity of people and perspectives in leadership provides greater communal governance. I envision this leadership role, providing greater opportunity for the development of innovative solutions that resolve ongoing communal issues for community members with disabilities. My social issue of focus has been working with deaf children and their families to create a comprehensive educational program, offering an array of developmental resources. I plan to discuss the bills in place affecting this community and strive towards collaborating with the committee regarding ways we can use policymaking to positively change lives. I have educated families of our deaf children about The Bloom Bill (AB 158) and its importance in mandating that private health insurance companies cover the costs of hearing aids for children. This is one of many bills that I would like to advocate on behalf of the greater local population of people with disabilities. With my unique perspective, I would love to share feedback from the youth and families our organization serves and brainstorm effective policies that solve overlapping issues as discussed by the committee.

How many meetings of the commission(s), board(s), or committee(s), to which you are interested in being appointed have you attended? Please indicate how often and when.

I have consistently stayed abreast of news involving the Culver City Disability Advisory Committee and noted the meeting discussions over the years, which has inspired me to pursue the opportunity to become appointed. I was honored to receive the Best Nonprofit Organization Award by the Culver City Disability Council in the past. Additionally, the Culver City Easter Seals are supporters of our organization through their weekly volunteer work. We patronize the local Culver City restaurants during our meetings, we hold our shows at the Kirk Douglas Theatre, we hold our graduation ceremonies at the ArcLight Cinemas - Culver City, and events in the Culver City Park. I have served the Culver City area through my nonprofit work, but seek additional leadership experience while learning from diverse perspectives of those who strive to increase community impact. Though I have been dedicated and focused on the work and accompanying hours of leading No Limits for deaf children, I desire to fully immerse myself in the committee duties if granted the opportunity.

How much time, on a monthly basis, can you commit to reviewing materials in preparation for attendance at meetings of the body(ies) to which you desire appointment?

I am willing to commit as many hours as needed to achieve our committee advocacy goals and will not take my role lightly. I have a duty to voice the concerns of the community I work with on a daily basis as well as those who have yet to be impacted.

Is there anything else you would like to add that has not been covered by your answers to the prior questions? (You may attach supplemental information below.)

Below, I've included links to some press videos and articles pertaining to my work with No Limits for deaf children. CNN Hero Michelle Christie Video: https://www.cnn.com/videos/us/2017/04/06/cnnheroes-christie-orig.cnn Santa Monica Daily Press AB 598 Article: https://www.smdp.com/bloom-bill-expands-hearing-aid-coverage/172942 Silent NO MORE at Carnegie Hall Video: https://pix11.com/2016/12/15/no-limits-nonprofit-performing-at-carnegie-hall-to-raise-awareness-for-deaf-children/



You are invited to attach additional pages, enclose a copy of your resume and/or submit supplemental information which you feel may assist the appointing authority in its evaluation of your application.

Please submit your application and any attachments no later than the final filing date as announced in the Notice of Vacancy and Request for Applications to the City of Culver City by submitting your application online or

By Mail or Hand Delivery:	Office of the City Clerk 9770 Culver Blvd. Culver City, CA 90232
By Fax:	(310) 253-5830

By Email: city.clerk@culvercity.org

If you have questions regarding the completion or filing of this application, please contact the City of Clerk's Office, by fax or email as indicated above, or by phone at (310) 253-5851.

#### **Outreach Question**

The City Clerk's Office is always looking to improve outreach. Please indicate how you heard about this opportunity.

#### None Selected

#### **Supplemental Questions**

#### Thank You

The City Clerk's Office encourages all interested persons to apply for all positions in which they have an interest!

**Michelle Christie**, **Ms.Ed.**, **CCC**, **Ed.D**, founded the nonprofit organization, No Limits, in 1996 to help underserved and economically disadvantaged children with hearing loss gain the skills to succeed in school and life through its national theater program and after-school educational centers. After 18 years in the entertainment industry, Dr. Christie decided to follow her dream of working with children with hearing who speak and listen. She changed her career path and earned a Masters Degree in Education, with a full fellowship and distinguished honors from the USC/John Tracy Clinic Program. She later received her Doctorate in Education from UCLA. Her dissertation focused on the needs and experiences of low-income Latino parents of school-age children with hearing loss. She has been invited to present her findings throughout the country, as well as internationally, including the Hearing Across the Lifespan (HEAL) Conference in Italy with representatives from over 60 countries in attendance.

As a leader in the field of deafness, Dr. Christie has been the subject of multiple documentaries for her revolutionary educational techniques that have been replicated nationwide. No Limits continues to be the only theater group in the country for children with hearing loss learning to speak. Dr. Christie has written and produced all the children's plays so that each play can be tailored to meet the individual needs of the young actors involved. She found her theater techniques promoted clarity of speech, expansion of language and an abundance of confidence in the children. After traveling around the country working with children and families, she realized that children who reside in poverty often do not have resources to excel in school, compared to their more affluent peers. In 2002, Dr. Christie expanded No Limits to provide auditory, speech and language training year-round to impoverished deaf children in the Los Angeles area. The after-school center also offers bi-weekly literacy classes, weekly parent education and advocacy training, academic tutoring, STEM, arts enrichment, and a Leadership and Mentoring Academy for teens. No Limits has opened additional centers pioneering the expansion of its services to reach more communities in order to help deaf children learn the essential skills needed to graduate from college and become successful, productive members of society.

Dr. Christie has made it her mission to bring awareness to government officials to make policy changes that will benefit the educational outcome of children with hearing loss. She currently is advocating for AB 598 to have hearing aids covered by insurance companies in the state of California. She has started a grassroots effort to educate people across the world about the struggles and triumphs of people with hearing loss who have been raised using spoken language rather than sign language. Her passion is embodied in a national production and book entitled *Silent NO MORE*. The show has been performed across the countries with different cast members sharing their inspiring stories to sold-out audiences. The show was recently performed at the John F. Kennedy Center for Performing Arts with rave reviews. Because of her desire to bridge the gap between the Deaf community and oral community, all productions have been followed by a Q&A session between the audience and the cast. These discussions have sparked a positive conversation about the needs of both communities and how to join efforts. This powerful production is revolutionizing the landscape of the field.

Dr. Christie was selected as one of 25 CNN Heroes in 2017, 2018 UCLA's Doctorate Program - Educational Leadership (ELP) Hero Award and has received numerous awards and accolades for her outstanding work with children with hearing loss. She was featured in 2019 Chicken Soup for the Soul's Hidden Heroes, OPRAH, The Learning Channel, PBS, CNN, NBC, ABC, and numerous local news stations throughout the country. She was selected as one of 25 CNN Heroes in 2017, and has received numerous awards and accolades for her outstanding work with children with hearing loss. Dr. Christie has been the honored with the following awards: Starkey Hearing Foundation's Hearing Angel Humanitarian Award, Freedom's Foundation George Washington Medal of Honor Award; the California Educators of the Deaf (CAL-ED); John Tracy Clinic's Heidi J. Mengle Award; Executive Service Corps Megan Cooper Leadership Award; Volvo for Life Award for Top 100 Heroes in the country, Harmony's Spirit of Leadership Award, Lotus It Takes a Village Award and; Service to Mankind Award to name a few. Dr. Christie has received commendations by Congressperson Karen Bass, Congressman Tony Cárdenas, Senator Curren D. Price, Supervisor Mark Ridley Thomas and Councilmember Mike Bonin. No Limits was also named the Best Arts Program in the County by Parents Magazine and the Best Nonprofit Organization by the Culver City Disability Council.

## **CURRICULUM VITAE**

## **EDUCATION**

**Ed. D. Educational Leadership**– University of California Los Angeles, Los Angeles, CA – 2013 Dean's Scholar Recipient, 4.0 GPA

**M.S. Education – University of Southern California/John Tracy Clinic** Los Angeles, CA - 1995 - Graduated with 4.0 GPA Received Full Fellowship, 1995 by USC

**B.S. Business Management** Minor: Communication – DePaul University Chicago, IL - 1991, Magna Cum Laude

#### **PROFESSIONAL CERTIFICATIONS/AFFILIATIONS**

Communications-Handicapped Credential – 2004 American Speech-Language-Hearing Association: Clinical Certificate of Competence (CCC) Alexander Graham Bell Association Council for Exceptional Children California Charter School Association Hearing Loss Association of America Academy Television Arts and Sciences Senior Fellow and Mentor at City Scholars Foundation Center for Nonprofit Management Executive Services Corps National Association of Nonprofit Organizations and Executives

#### AWARDS AND ACCOMPLISHMENTS

Dr. Michelle Christie has been featured in newspaper and TV media outlet throughout the country for her life work with deaf children and families.

- Recipient of the 2018 UCLA's Educational Leadership Program Hero Award
- Featured as Hidden Hero, *Chicken Soup for the Soul* TV series; 2018
- Selected as one of the 2017 CNN Heroes
- Master Speaker at Paul Mitchell Masters Series with Winn Claybaugh, inspiring over 50,000 people with overcoming obstacles and following one's passion
- 2016 Commendation from New York City Mayor's Office for *Silent NO MORE* production at Carnegie Hall
- 2015 Starkey Hearing Foundation's "Hearing Angel Humanitarian Award" alongside former President George W. Bush
- 2014 Congressional Recognition from Congressman, Tony Cárdenas
- 2013 Commendation from Councilmember Mike Bonin

- 2012 Congressional Recognition from Congresswoman, Karen Bass
- 2012 Culver City Disability Award for outstanding leadership
- Commendation from Assemblyperson, Bill Rosendahl in 2012
- "Megan Cooper Award" by Executive Service Corp's for excellent governance and leadership in a nonprofit organization., 2011
- Los Angeles Disability Council awarded No Limits as the "Best Nonprofit Organization" for children with disabilities, 2011
- 2010 Commendation by Mayor Villaragosa of Los Angeles
- 2009 Proclamation from the Los Angeles County Board of Supervisors, 2nd District
- Mark Ridley-Thomas' Office for outstanding work in the Los Angeles school system.
- 2009 Calvary Christian School "Making A Difference" Award
- 2008 Received the Spirit of Giving Award by Harmony Women's Guild
- George Washington Medal of Honor by the Freedom's Foundation. Other recipients include Astronaut Scott Glenn and Judge Rehnquist, 2005.
- Honored as the "Top 100 Heroes" in the country by the Volvo For Life Committee for her dedication and commitment to deaf and hard of hearing children, 2005.
- Heide Mengel Award by John Tracy Clinic during fellowship program at University of Southern California/John Tracy Clinic Graduate Program, 2005.
- No Limits was chosen to be the "Grand Service Project" for the International Order of
  - the Rainbow for Girls, for outstanding leadership, 2002
- "Citizen Cool" Award by Ben & Jerry's Organization, 2004
- Honored with a "Special Recognition Award" by the California Educators for the Deaf., 1999
- Won "Best Arts Program in the Country" by Parents Magazine, 1999
- "Service to Mankind Award" by Sertoma Organization, 2000.
- Subject of 4 documentaries for the revolutionary techniques in teaching deaf and hard of hearing children.
- Dr. Christie featured in newspapers, magazines local and national news stations across the country including OPRAH, CNN, PBS, and the Learning Channel.

## **PROFESSIONAL EXPERIENCE**

## **1996-** Founder, Executive Director

## present No Limits Theater Group, Los Angeles, CA

Founded No Limits Theatre Group. Leads the nonprofit organization that provides educational performing arts for children with hearing loss who listen and speak. Manages personnel, oversees budget, develops community partnerships, and writes, produces and directs original plays. Trains staff, educators of the deaf, and volunteers how to replicate productions nationwide. Directed over 150 plays and supervised over 120 productions nationwide. Performed at the Carnegie Hall, John F. Kennedy Center of the Performing Arts and other renowned theatre venues across the country. Writes and secures grants for No Limits programs. Secured over 15 million dollars in funds and over 2 million dollars with in-kind donations. Designs and coordinates all special events, including Annual Gala and Walkathon. Writes and develops strategic and fund development plan annually, creates annual operating budget, and works actively with Board President on board development and governance.

# 2001-Founder, Executive DirectorpresentNo Limits Educational Center, Los Angeles, CA

Founded No Limits Educational Centers in Los Angeles, CA, Las Vegas, NV, and Oxnard, CA. Creates, develops and implements the after school program for school age children with a hearing loss and their families. Creates programs that include individual auditory, speech, and language therapy, literacy, arts, science and technology, parent education, leadership and mentoring for teens with hearing loss, and family support.

1996-	Speech and Language Specialist
present	No Limits, Los Angeles, CA
1996-	Curriculum Development
present	No Limits, Los Angeles, CA
1996-	Parent Support Leader
present	No Limits, Los Angeles, CA
2011	Adjunct Professor Cal Lutheran University
1995-	Resource Specialist (Grades K-6)
1999	Echo Horizon School, Culver City, CA
1995- 1995 CA	Teacher Centralia School District/Raymond Temple School, Centralia,
1993-	One-on-One Aide for multiple-handicapped deaf classroom
1994	San Diego School District/Lafayette Elementary, San Diego, CA

## WRITINGS, PUBLICATIONS AND PRESENTATIONS

## Writings

Book: Silent NO MORE. Currently used as an educational reading for graduate students seeking a Masters in Deaf Education.

*Play: Silent NO MORE: A collection of inspirational life stories by individuals with hearing loss* 2015; performed throughout nation and at Carnegie Hall in December of 2016

No Limits Speech Rehab Step-by-Step Guide: A toolkit to develop spoken language in children with hearing loss internationally. Curriculum used in deaf programs in India and Africa 2015

No Limits Parent Handbook: An essential guide to help parents of school-age children with a hearing loss 2014

## Wrote, Produced and Directed Original Plays including:

Building Blocks Timeless Journey A Meaningful Life Mission: POSSIBLE Believe It or Not! Do You Believe? Heroes' Way The No Limits Files It Begins with a Dream Silent NO MORE Above and Beyond No Limits Science Bee No Limits Comedy Hour The Mystery of the Top Chef Mission: POSSIBLE Returns

*Putting on a Theatrical Production*: No Limits Start Up Kit/Designed all curriculum for national and international use

*Summer Guide*: Expanding Language through Experiences 1998, 1997, 1996

## **Publications**

Christie, M. & Scott-Weich, Bridget (2006). AG Bell Launches Collaboration in Los Angeles. *Voices Magazine*. *44-46*.

Christie, M. & Martindale, M. (2005). Literacy and school-age children with hearing loss: An integrated approach. *AG Bell Association* 

**Hear Us Now** monthly newsletter, 2008-present. Newsletter distributed to teachers and parents from Los Angeles Unified School District's deaf and hard of hearing program.

## **Recent articles include:**

Cal Lutheran Launches New Program A New Study Provides Hope What is Hear Us Now? Will You Be My BFF for VD? Family Day at 153<sup>rd</sup> Street Elementary Brings Lots of Smiles No Limits at the John F. Kennedy Center in DC Surviving the Holidays Bats, Ghosts, Werewolves, OH MY! It's All About Talking It Up! ADA and IDEA

#### Presentations

#### 2017-Present

HEAL Conference in Italy in June 2018 – among 300 countries "Educating Parents Through Technology"

"Language Development with No Limits" – CLU Masters Program April 2018

Weekly presentations throughout year, including topics: *"Leading the Path toward College"* 

*"IEPS" "The Key to Language Development"* 

"Literacy and Language"

"Building Self-Esteem in your Child with Hearing Loss"

"How to Administer and Score Language and Educational Assessments"

"Language Development through STEAM"

"Using Theatre to Maximize Auditory, Speech and Language"

#### 2016

HEAL Conference in Italy in June 2016, among 300 countries "Empowering Parents through Advocacy"

Weekly presentations throughout the year, including topics:

*"iPad Education and Useful Apps"* January 14<sup>th</sup> - No Limits for deaf children

*"Literacy for our Students: How we can all help?"* March 29<sup>th</sup> - No Limits for deaf children

"Empowering Parents to Become Advocates"

June 2-4 – Lake Como, Italy – Hearing Across the Lifespan: "Early intervention: the key to better hearing care"

"New Research Findings in Deaf Education and Auditory, Speech, and Language Therapy" September 22<sup>nd</sup> - No Limits for deaf children

## 2015

*"No Limits Speech Rehab Teacher Training"* September 14-18 – Nairobi, Africa – Starkey Hearing Foundation

*"Parent Education for Low-Income Families of School-Age Children with a Hearing Loss"* June 5-7 – Lake Como, Italy – Hearing Across the Lifespan: *"Early intervention: the key to better hearing care"* 

## 2014

*"Parent Education for Low-Income Families of School-Age Children with a Hearing Loss"* June 5-7 – Lake Como, Italy – Hearing Across the Lifespan: "Early intervention: the key to better hearing care"

### 2011 - 2013

*"Leadership in Teens and Preparing for College"* January 9<sup>th</sup> to June – Weekly - No Limits for deaf children

*"Preparing Your Child with a Hearing Loss for College" – 10 week program* January 9th to March 20th– Weekly - No Limits for deaf children

"Literacy and Deaf Children" – 10 week program March 21st to present – Weekly - No Limits for deaf children

## 2010

*"The Strategic Plan: Paving the Road for your Child with a Hearing Loss"* January to April – Weekly - No Limits for deaf children

*"The Strategic Plan: Creating your Mission and Vision"* April to June – Weekly - No Limits for deaf children

*"The Strategic Plan: Your IEP Team"* September to December – Weekly - No Limits for deaf children

#### 2009

*"Working with your deaf child"* January 22 – LAUSD – 153<sup>rd</sup> Street Elementary *"Tips for a Successful School Year"* January 28 – LAUSD – Palms Elementary

*"Sound & Fury" – Moderator* February 18- LAUSD – Palms Elementary

*"Family Day"* February 27- LAUSD – 153<sup>rd</sup> Street Elementary

*"Positive Role Modeling & Behavior Management"* March 18- LAUSD – Palms Elementary

*"Vendor Night"* June 3- LAUSD – Palms Elementary

*"Practical Ways to Develop Language"* October 6- LAUSD – Farmdale Elementary

*"Language at Home: Cookies & Milk"* October 20- LAUSD – 153<sup>rd</sup> Street Elementary

*"The Strategic Plan"* October 28- LAUSD – Palms Elementary

*"Holiday Stress"* November 17- LAUSD – 153<sup>rd</sup> Street Elementary

#### 2008

*"Building Blocks to Language"* January 22 - LAUSD – 153<sup>rd</sup> Elementary Street

*Building Language at Home* January 23 – LAUSD – Farmdale Elementary

*"Expanding Vocabulary"* March 12 - LAUSD – Palms Elementary

*"Games to Grow On"* March 27 – LAUSD – Melrose Elementary

*"Games to Grow On"* April 15 - LAUSD – 153<sup>rd</sup> Elementary Street

*"Making Language a Game"* April 23 – LAUSD – Farmdale Elementary

*"Making Experience Books"* May 21 - LAUSD – Palms Elementary *"New Technology and Resources"* June 4 - LAUSD – Palms Elementary

#### **200**7

*"Cookin' Up New Language – Part I"* October 23 - LAUSD – 153rd Street

*"Involving Parents"* October 17 - LAUSD – Palms Elementary

November 15 – LAUSD –Melrose Elementary *"Bringing Language Home"* 

#### 2006

*"No Limits" presented with Maura Martindale* AG BELL Convention

*"Cookin' Up Language"* October 15 – LAUSD - Saticoy Elementary

*"The Building Blocks to Language"* October 18 – LAUSD - Palms Elementary

*"Language, Language, Language"* November 2 – LAUSD - Saticoy Elementary

Presented No Limits Opening Session – AG Bell

*"Theatre in the Classroom"* May, 2004 - Clarke School for the Deaf

*"Hearing Loss"* 1996, 1997, 1998 - Parent Forum at Echo Horizon School

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• Government Code Section 1090 imposes an even stricter prohibition. It prohibits a local body from "making" a contract with one of its own members (even if the member has recused him or herself), which includes all aspects of contract formation, including such actions as influencing the contract's scope or the selection of a contractor.

A community member volunteering to sit on a City commission, committee, or board should be aware of these restrictions and take them into consideration before applying for or accepting appointment to any of these bodies.

If you have questions about this information and how it may apply to your particular situation, please contact the City Attorney's Office at (310) 253-5660.

#### **Important Information**

As you complete your application, please be aware of the following:

You may attach a resume or other supplemental information. However, at a minimum, please ensure you submit this Application form by the applicable deadline.

Please note that certain bodies have additional supplementary questions that pertain to that particular body.

If appointed to a body, please be aware that:

• Important: Unless a specific exception is made by the City Council, generally individuals are

#### Joe Taravella

eligible to be appointed to serve on only one body at a time.

• All appointees will be required to attend an Ethics and Brown Act training class, which will be offered through the City Attorney's and City Clerk's Offices.

• State law and the City's Conflict of Interest Code may require you to file annual financial disclosure forms.

• Meeting dates and times of the various bodies are subject to change at the City Council's discretion, staff requirements and the availability of the meeting facilities.

• Please note that you may be subject to a background check. A conviction does not preclude you from being considered for a commission, board or committee appointment.

Please be advised this document is a public record and information contained herein may be subject to public disclosure as required by the California Public Records Act and any other applicable law.

#### Which Boards would you like to apply for?

Disability Advisory Committee: Submitted

If you are applying for more than one body, please list those bodies in the order of preference for which you would like to be considered below.

Joe First Name Taravella



#### Are you a Culver City resident?

⊙ Yes ⊖ No

1

If you are a resident of Culver City, please list how many years:

# Are you a Culver City business owner/operator?

⊙ Yes ⊙ No

Are you registered to vote in Culver City? (Certain bodies currently require its members to be registered voters.)

⊙ Yes ⊙ No

#### Demographics



#### **Qualifications and Experience**

Have you ever worked for the City of Culver City?

⊙ Yes ⊙ No

If you have worked for the City of Culver City, please list dates of employment and names of departments.

N/A

If you are related to any current City employees or appointed officials of the City of Culver City, please indicate name(s) and relationship(s).

N/A

Have there been, or are there now, any circumstances and/or relationships which might reflect adversely on the propriety of your serving as a member of any body to which you might be appointed?

○ Yes ⊙ No

If yes, please explain:

Community Service (List commissions, boards, committees and other organizations on which you have served or currently serve, are a member or have been a member and offices held and in what city those positions were or are held). Please feel free to include participation in community events. Please highlight Culver City community involvement:

American Red Cross Disaster Mental Health Volunteer

Employment. Please provide a minimum of 5 years of employment history, including titles and duties of current and past employment. Please feel free to attach a resume or CV in lieu of completing this section:

please see CV

Education (Include professional or vocational licenses and certificates.) Please feel free to attach a resume or CV in lieu of completing this section:

please see CV

#### **Application Questions**

For the body(ies) to which you seek appointment(s), what have you determined to be the primary role of the body?

To understand and identify the unique needs of individuals with all types of disabilities within Culver City. Review current policies, collaborate with other committees, and implement updated programs to the City for the benefit of individuals within the community.

Why do you seek appointment on the body(ies)? Please be specific to the body(ies)'s role.

I recently moved to Culver City and my three children attend Culver City Middle School. We are moving at the end of June and will be within walking distance to the center of town and to my children's school. We are all thriving and loving Culver City. Working as a psychologist with a focus on individuals with disabilities, I am very passionate about creating and fostering a community that thrives and advances the wellbeing of all individuals, particularly those with disabilities. I believe it is essential for any community to be as inclusive as possible to all their residents, as well as to all visitors of their city. I have the professional and personal understanding to work with a collaborative team to ensure a healthy integration with appropriate resources and accommodations for individuals with disabilities living in Culver City. Education and public awareness are also essential elements for the public to understand the needs of this population.

What is there specifically in your background, training, education or interests that qualifies you for appointment? What special qualities and/or qualifications can you bring to the body(ies) to which you seek appointment(s)?

I spent the last 20 years as a psychologist working with children with disabilities and their families. I believe I have the professional and personal understanding to work with a collaborative team to ensure a healthy integration and respect of individuals with disabilities living in Culver City. Education and public awareness are also essential elements for the public at large to understand the needs of this population. I also have personal family experience helping my father who was disabled towards the end of his life.

How do you envision your fulfilling the objectives, and/or goals of the body(ies), as established by the City Council?

I will use my clinical training as well as working closely with a collaborative team to meet and address the objectives of the board, as well as dutifully serve my community.

How many meetings of the commission(s), board(s), or committee(s), to which you are interested in being appointed have you attended? Please indicate how often and when.

I have not attended any meetings, as I am a new resident of California, and am looking to become more involved in our community.

How much time, on a monthly basis, can you commit to reviewing materials in preparation for attendance at meetings of the body(ies) to which you desire appointment?

Approximately 10 hours per month. I have a flexible work schedule and can commit to what time is needed to be successful on the advisory committee.

Is there anything else you would like to add that has not been covered by your answers to the prior questions? (You may attach supplemental information below.)

Please upload a file to attach supplemental information, if desired.

You are invited to attach additional pages, enclose a copy of your resume and/or submit supplemental information which you feel may assist the appointing authority in its evaluation of your application.

Please submit your application and any attachments no later than the final filing date as announced in the Notice of Vacancy and Request for Applications to the City of Culver City by submitting your application online or

By Mail or Hand Delivery: Office of the City Clerk 9770 Culver Blvd.

Culver City, CA 90232

By Fax: (310) 253-5830

By Email: city.clerk@culvercity.org

If you have questions regarding the completion or filing of this application, please contact the City of Clerk's Office, by fax or email as indicated above, or by phone at (310) 253-5851.

#### **Outreach Question**

The City Clerk's Office is always looking to improve outreach. Please indicate how you heard about this opportunity.

#### Word of Mouth

#### **Supplemental Questions**

Joe Taravella

## Thank You

The City Clerk's Office encourages all interested persons to apply for all positions in which they have an interest!

St. John's University – New York Doctorate in Clinical Psychology \*Specialization in Marital & Family Therapy Master of Arts in General-Experimental Psychology Master of Arts in Clinical Psychology

January 2004 May 2002 September 2003 September 2001

#### **POSTDOCTORAL TRAINING**

Pediatric Psychology & Neuropsychology, NYU Langone Health - Rusk Rehabilitation - 2003-2004

#### **LICENSURE**

Licensed Clinical Psychologist in the State of California – #30856 Licensed Clinical Psychologist in the State of New York - #016241 Licensed Clinical Psychologist in the State of New Jersey - #4938

#### **HONORS & AFFILIATION**

Clinical Assistant Professor, Dept. of Rehab Medicine, NYU School of Medicine, 2015-Present Kid Angel Foundation, Board of Directors, 2010-2015 Full University Graduate Fellowship, 1996-2002 Certified in Nonviolent Crisis Intervention American Psychological Association American Red Cross Disaster Mental Health Volunteer

#### **DISSERTATION**

"Hostility and Interpersonal Conflict in Elementary School Teachers: A Test of the Transactional Hypothesis in a Naturalistic Setting"

#### **PROFESSIONAL EXPERIENCE**

#### PRIVATE PRACTICE

#### **Licensed Clinical Psychologist**

 Conduct cognitive-behavior therapy, testing, and parent training for individuals, couples, and families with a variety of congenital, emotional, and psychiatric disorders including anxiety, depression, bipolar disorder, addiction, attention-deficit and disruptive disorders, abuse, bereavement and loss, Tourette's syndrome, epilepsy, pervasive development disorders, personality disorders, post-traumatic stress disorder, obsessive compulsive disorder, dissociative identity disorder, divorce, dementia, adjustment and learning disabilities.

#### COLLEGE BOARD, SERVICES FOR STUDENTS WITH DISABILITIES

#### Psychologist, External Reviewer

• Review and determine eligibility for applicants requesting accommodations with qualified disabilities in accordance with the Americans with Disabilities Act.

Feb. 2005 - Present

July 2018 - Present



#### NYU LANGONE MEDICAL CENTER, RUSK REHABILITATION-JHD

Supervisor - Pediatric Psychology & Neuropsychology Services, New York April 2014-Nov 2015 **Co-Director of Psychology Intern Training, New York** Sept. 2014-Nov 2015

- Clinical supervisor and instructor of psychologists, resident, interns, and externs for inpatient and outpatient pediatric psychology services in a rehabilitation setting for patients with a variety of physical, emotional, developmental, and traumatic symptoms.
- Supervise comprehensive neuropsychological assessments for pediatric inpatients and outpatients, supervise concussion outpatient batteries, and provide direct care including individual and family psychotherapy, behavior/crisis management, school consultation, and cognitive remediation.
- Provide lectures and consultation liaison services to the comprehensive team and staff at Rusk and throughout the medical center.
- Develop pediatric psychology services, research initiatives, and projects.
- Lead and participate in multidisciplinary, administrative, and patient/family meetings.
- Screened, interviewed, and selected candidates for the psychology internship program.
- Member of the following committees: Child Protection Committee, LGBTQ Advisory Committee, and Sala Institute for Child and Family Centered Care.

## **MORETTI & RACCO MEDICAL ASSOCIATES**

## **Director of Psychological Services, New York**

Provide psychological services for patients within a comprehensive medical setting. •

## **TV Host / Expert Psychologist, Los Angeles**

• Selected as the host of a reality-based television show for families in crisis.

#### NYU LANGONE MEDICAL CENTER, RUSK INSTITUTE OF BEHAVIORAL MEDICINE Staff/Resident Psychologist, New York Sept. 2003 – Aug. 2006

- Conducted comprehensive pediatric neuropsychological assessments, individual and family psychotherapy for in- and outpatients with a variety of congenital and acquired disabilities.
- Supervised interns.

## Intern Psychologist, New York

- Conducted brief intensive evaluations, short-term psychotherapy, and neuropsychological assessments within an adult inpatient population.
- Conducted outpatient pediatric and adult neuropsychological assessments, adult individual and group cognitive remediation, and adult individual psychotherapy for patients with traumatic brain injuries and other congenital disabilities.

## **PSYCHOPHARMACOLOGY CONSULTANTS**

## Summer Intern / Clinical Consultant, New York

- Conducted interviews and psychological assessments with adults.
- Co-led weekly women's group.

#### NYU LANGONE MEDICAL CENTER, COMPREHENSIVE EPILESPY CENTER Neuropsychology Extern, New York

• Conducted neuropsychological assessments for pediatric and adult inpatients with intractable seizures.

June-December 2010

Nov. 2011 – April 2014

Sept. 2002 – Sept. 2003

May 2002 – Aug. 2002

Sept. 2001 – May 2002

#### **BELEVUE HOSPITAL & MEDICAL CENTER**

## Clinical & Neuropsychology Extern, New York

- Conducted individual and group therapy, testing and assessments in the Forensic and Consultation Liaison Services.
- Conducted neuropsychological assessments of adults and adolescents with a variety of psychological and psychiatric disorders.
- Co-led weekly inpatient group with emphasis on medication compliance and symptom recognition.
- Conducted weekly outpatient therapy.

#### THE FAMILY CENTER, ALBERT EINSTEIN COLLEGE OF MEDICINE June 1998 – Aug 2002

## **Clinical Interviewer, New York**

Conducted 300+ clinical interviews with HIV-positive women and their children at their homes in the New York metropolitan area.

## ST. JOHN'S CENTER FOR PSYCHOLOGICAL SERVICES

## **Clinical Therapist, New York**

• Conducted weekly psychotherapy utilizing cognitive-behavioral and psychodynamic therapies with in-vivo supervision during the first two years.

## **PREP-FOR-PREP**

## **IO Tester**, New York

• Completed 98 WISC-III intellectual assessments with gifted minority children.

## **DATELINE, NBC STUDIOS**

## Stress Expert / Consultant, New York

- Hired as a stress expert for Dateline's 2-hour special "Stressed Out"; air date: June 28, 2002.
- Traveled to Chicago, Seattle, Ohio, and Yankee Stadium to outfit subjects with ambulatory blood pressure monitors, analyze blood pressure data, and provide feedback to subjects and producers.
- Edited scripts for psychological/medical accuracy.

## ST. JOHN'S UNIVERSITY & NYS DEPARTMENT OF LABOR GROUP

## Group Therapist, New York

- Led groups with a cognitive-behavioral approach to stress reduction and conflict resolution in Traffic Enforcement Agents of the New York City Police Department.
- Interventions included stress management, exposure and response prevention, relaxation techniques, and ways to decrease anger and stress through cognitive restructuring.

## THE CENTER FOR COGNITION AND COMMUNICATION

## **Cognitive Therapist**, New York

Conducted clinical interviews, individual and group cognitive remediation therapy, and • neuropsychological assessments with children, adolescents, and adults with traumatic brain injuries.

## **RESEARCH EXPERIENCE**

## ST. JOHN'S UNIVERSITY

Research Fellow/Behavioral Medicine Laboratory Manager, New York Sept. 1996 – May 2002 Assisted professors in coordinating a psychophysiological and behavioral research laboratory

with field studies of work stress, coping, and blood pressure among NYC Traffic Enforcement Agents and NYC Public School Teachers.

May 2000 – June 2001

Sept. 1998 - May 2002

September 1999 – June 2001

Oct. 1999 - June 2001

Oct. 1998 – Aug. 1999

Oct. 1995 - Sept. 1996

- Recruited participants, administered questionnaires, outfitted participants with ambulatory blood pressure monitors, conducted standardized psychophysiological test protocols and structured interviews, provided individual feedback to participants.
- Assisted in writing grants and research protocols, implemented budgets, maintenance of equipment and supplies, and hired and delegated job assignments to graduate students.

#### **TEACHING EXPERIENCE**

#### **ST. JOHN'S UNIVERSITY**

#### **Teaching Assistant**, New York

Feb. 1999 – May 2002

• Taught a weekly four-hour laboratory to undergraduate Psychology majors in a Research Methods class. Responsibilities included helping students write scientific research papers, teach methodology, experimental design and concepts of validity and reliability, formulate hypotheses, and discuss ethical concerns.

#### MEDIA / PRESENTATIONS / PUBLICATIONS

Fox 7 Austin. (March 20, 2018). Dr. Joe was interviewed on the live evening news of Fox's KTBC station to discuss how to speak with your children and ways to decrease anxiety relating to recent bombings.

FoxNews.com (September 7, 2017). Dr. Joe was interviewed for the video segment, "How to Cope with Natural Disasters."

Yahoo.com. (August 8, 2017). Dr. Joe was interviewed for the article, "Instagram May Reveal if Someone is Depressed."

WellandGood.com. (May 31, 2017). Dr Joe was interviewed for the article, "Why Fidget Spinners are Suddenly Everywhere."

FamilyCircle.com. (January 6, 2017). Dr. Joe was interviewed for the article, "7Surprising Reasons You're Tired All the Time – and How to Beat Them."

Celebrity Page TV. Blake Shelton: The Man Behind the Voice. (December 9, 2016). Documentary interview. Dr. Joe featured as a clinical psychologist discussing divorce and overcoming tragedy.

Dr.OzTheGoodLife.com (October 31, 2016). Dr. Joe was interviewed for the article, "5 Reasons Voting Is Good for Your Health."

FoxNews.com (October 25, 2016). Dr. Joe was interviewed for the video segment, "Are You Suffering from Election Stress Disorder?"

Bravo.com. (October 20, 2016.) Dr. Joe was interviewed for the article, "A Guide to When Your Kids May Be Old Enough to Do Things on Their Own."

NYMetroParents.com. (September 26, 2016.) Dr. Joe was interviewed for the article, "Here's Why Travel Is Actually Mentally and Physically Healthy for Kids."

Pix 11 Morning News. (June 22, 2016). Dr. Joe Taravella was interviewed during the live newscast to discuss online shaming of children.

Pix 11 Morning News. (June 2, 2016). Dr. Joe Taravella was interviewed during the live newscast to discuss the fire challenge and the harmful effects it has on children.

Celebrity Page TV. Prince: The Secret Life. (May 20, 2016). Documentary interview. Dr. Joe featured as a clinical psychologist discussing opioid addiction and abuse.

Pix 11 Morning News. (May 6, 2016). Dr. Joe Taravella was interviewed during the live newscast to discuss opioid addiction and abuse.

Diversity and Sexuality. (April 22, 2016). Seminar presented to Psychology Interns at NYU Langone Medical Center – Rusk Rehabilitation.

Pix 11 Morning News. (April 19, 2016). Dr. Joe Taravella was interviewed during the live newscast to discuss should corporal punishment on children still be allowed in classrooms?

FoxNews.com (February 3, 2016). Dr. Joe was interviewed for the video segment, "1 in 10 People Have a Weather-Related Phobia – Do You?" Dr. Joe discussed winter anxiety and coping strategies.

Pix 11 Morning News. (December 14, 2015). Dr. Joe was interviewed during the live newscast for the segment, "Managing Holiday Stress and Teaching Kids to be Grateful." Dr. Joe discussed the impact of holiday stress on your family and how to keep your kids grateful throughout the season.

FoxNews.com (November 22, 2015). Dr. Joe was interviewed for the newscast for the segment, "Coping with 'Fear of Missing Out' Over the Holidays." Dr. Joe discussed the strategies used to cope with not staying connected online during the holidays.

RUSK Insights on Rehabilitation Medicine Podcast. (October 4, 2015). Dr. Joe was interviewed for this podcast and discussed important concepts in psychology and pediatric rehabilitation.

CNN.com. (September 25, 2015). Dr. Joe was interviewed for the article, "Presidential Parenting: Does Parenting Style Tell Us About a Candidate." Dr. Joe discussed the different types of parenting styles.

Forbes.com. (September 11, 2015). In the feature entitled, "Giving Your Child an Allowance: When and Why," Dr. Joe discussed the optimal time for allowances and teaching the concept of a work ethic at an early age.

Pix 11 Morning News. (June 25, 2015). Dr. Joe was interviewed during the live newscast for the segment, "Helicopter Parenting and P-Diddy's Arrest." Dr. Joe discussed the impact of helicopter parenting and the negative effects it can have on both the parent and the child.

Yahoo.com/health. (June 2, 2015). Dr. Joe was interviewed for an article entitled, "Lauren Conrad Bans 3 Words from Her Site, Should You Ban Them From Your Life?" In the article, Dr. Joe discussed creating an awareness of importance of the words we use with a personal example from his family.

Pix 11 Morning News. (May 22, 2015). Dr. Joe Taravella was interviewed during the live newscast for the segment, "Is Embarrassing Your Children the Best Way to Teach a Lesson." Dr. Joe discussed shaming on social media and tips for parents on positive discipline.

Stack.com. (May 21, 2015). Dr. Joe was interviewed for an article entitled, "Q&A: How to Deal With a Tough Coach." In the article, Dr. Joe discussed how parents and coaches can work together to improve a young athlete's sport experience and performance.

Greatist.com. (May 19, 2015). Dr. Joe was interviewed for the article, "What's the Deal With Mercury Retrograde, Really?"

Grief, Loss, Trauma, and Coping. (May 15, 2015). CARF In-service presented by Dr. Joe Taravella. NYU Langone Medical Center – Hospital for Joint Diseases.

Sirius XM Doctor Radio. (May 4, 2015). Dr. Joe was part of a panel of experts on Dr. Jonathan Whiteson's radio show for Stroke Awareness Month for May.

Good Parenting Radio. (April 19, 2015). Dr. Joe was an expert guest for this national parenting radio show for a segment that discussed how parents can identify whether their child is being bullied or may be a bully themselves, along with how to handle these types of situations. Dr. Joe also discussed how parents should address the issue of fighting siblings and ways to promote getting along amongst siblings.

The Secret of Purposeful Parenting. (April 17, 2015). CARF In-service presented by Dr. Joe Taravella. NYU Langone Medical Center – Hospital for Joint Diseases.

The Paul and Matty Show. (April 10, 2015). Radio interview. Dr. Joe joins this radio show as a regular expert to discuss ways to be confident and the difference between confidence and arrogance.

Sexuality. (March 20, 2015). CARF In-service presented by Dr. Joe. NYU Langone Medical Center – Hospital for Joint Diseases.

Fox and Friends Weekend. (March 14, 2015). During a live TV interview, Dr. Joe discussed the prevalence of cyberbullying and twitter rage and provided actions we can take to prevent this type of social media rage.

Self.com (March 14, 2015). In the feature entitled, "3 Things to Tell Yourself the Day Before a Big Race," Dr. Joe discussed mental tips to prepare runners of all levels to use the day before a race and how to get in the zone.

The Paul and Matty Show. (March 4, 2015). Radio interview. Dr. Joe joins this radio show as a regular expert to discuss body image and psychological health.

ABCNews.com. (February 16, 2015). Dr. Joe was featured as an expert on the story, "How to Tell If Winter Blues Are Seasonal Affective Disorder? Dr. Joe discussed how symptoms of Seasonal Affective Disorder mimic depression and ways to combat the disorder.

Glamour.com. (February 5, 2015). In the feature entitled, "Do You Have Seasonal Affective Disorder? Here's How to Tell—and What You Can Do About It," Dr. Joe discussed the signs, symptoms, and treatment of Seasonal Affective Disorder.

FoxNews.com (February 5, 2015). In the feature entitled, "#TimetoTalk Trending on Social Media Spreading Importance of Social Media Awareness," Dr. Joe discussed the stigma relating to mental health and the importance of getting help.

LifeScript.com. (February 3, 2015). In the feature entitled, "Bobbi Kristina Brown: Can She Recover From Her Coma," Dr. Joe discussed how parents contribute to the behavior of their children, and how to help a loved one exhibiting mental distress.

LearnVest.com and Forbes.com. (January 28, 2015). Dr. Joe was featured as an expert for a story entitled, "12 Ways To Raise Financially Confident Kids at Every Age."

The Life of Dad Show. (January 27, 2015). During this podcast, Dr. Joe discussed his career as a psychologist and his role as a father.

WellandGood.com. (January 21, 2015). Dr. Joe was featured as an expert in the feature story entitled, "Here's How To Beat The Winter Blues." Dr. Joe discussed Seasonal Affective Disorder.

Kids Central Station. (January 2015). Dr. Joe wrote the article, "6 Ways to Stick to Your New Year's Resolutions."

ABCNews.com. (December 31, 2014). Dr. Joe was featured as an expert on the story, "The Science Behind Nailing Your New Year's Resolution."

CBS News. (November 25, 2014). Dr. Joe was featured as an expert for an article entitled, "What Not to Say to a Cancer Patient at the Holidays."

Wall Street Journal Live. (November 20, 2014). During a televised interview, Dr. Joe discussed Seasonal Affective Disorder and how it is a type of depression that's related to the changes in seasons.

*Our Town, Our Town Downtown*, and *West Side Spirit*. (November 13-19, 2014). Dr. Joe Taravella was featured on the cover of these local newspapers in an article "A Doctor Inspired By The Youngest Patients."

eHow.com. (November 6, 2014). Dr. Joe Taravella was featured as an expert for a story entitled "Don't Let Your Child Be an Ebola Bully." Dr. Joe Taravella discussed how parents can prevent potential cases of bullying, especially as it related to Ebola and children of the African American community.

MomTrends.com. (October 31, 2014). Dr. Joe Taravella was featured as an expert for an article entitled, "How to Talk to Your Kids about Bullying."

Pix 11 News at Ten. (October 27, 2014). Dr. Joe Taravella was interviewed during the live newscast to discuss the Seattle school shooting and how parents need to have open conversations with children about facing adversities.

New York Daily News. (September 25, 2014). Dr. Joe was featured as an expert on "tips to combat social media addiction."

Sirius XM Doctor Radio. (September 22, 2014). Dr. Joe was part of a panel of experts on Dr. Jonathan Whiteson's radio show for rehabilitation week.

New York 1 News. (September 10, 2014). Dr. Joe was interviewed during a live segment to discuss children going back to school and how to deal with bullying and cyberbullying.

Mindbodygreen.com (September 6, 2014). Dr. Joe wrote an article on "10 Signs You're Suffering From Depression & How To Put It Behind You."

Giamtv.com (September 2014). Dr. Joe wrote an article discussing "How to Recognize the Signs of Depression."

Totalbeauty.com (July 2014). Dr. Joe discusses the psychological benefits of meditation.

AllParenting.com. (July 2014). Dr. Joe featured as an expert voice on spanking.

Parents.com. (June 2014). Dr. Joe featured as an expert voice in a "Q&A" series on parenting and his "Hugs of Three" series books.

Everyday Health – Twitter Chat. (May 29, 2014). Dr. Joe participated in the #HealthTalk Twitter Chat on Bullying.

Sirius XM – The Shaun Proulx Show. (May 12, 2014). Live interview with Dr. Joe who discussed how to maintain a healthy mindset and lead a more fulfilling lifestyle.

Health Magazine. (May 2014). Dr. Joe was featured as an expert voice in "Live Healthy" section for tips on how to get therapy on a budget.

Bella NYC. (May 2014). Dr. Joe was featured in the "New York Nine" section highlighting Dr. Joe's favorite things about New York.

Breeders: A Subclass of Women. (April 2014). Documentary interview. Dr. Joe featured as a clinical psychologist discussing diversity in families for this documentary on surrogacy.

AllParenting.com. (March 2014). Dr. Joe discussed how couples can withstand the test of time.

Gay Parenting Class (February 10, 2014). Presented at Columbia Psychotherapy Program.

Dr. Oz Sharecare. (February 2014). Dr. Joe was accepted to be a medical expert on this top health and lifestyle online outlet.

Child Development and Parenting Blog (January 2014). Family Equality Council website - Ask The Experts.

Words Bookstore Maplewood. (January 25, 2013). Dr. Joe's book reading and signing of "Hugs of Three: My Daddies and Me" and "Hugs of Three: My Mommies and Me"

Shescribes.com. (January 19, 2014). Website featured Dr. Joe's tips for "No New Year's Resolution".

Birchbox.com. (January 17, 2014). Website featured Dr. Joe as expert on "How to Become A Morning Person".

Radio Disney. (December 11, 2013). Radio interview. Dr. Joe discussed "What is a Bully."

Blog Talk Radio. (December 1, 2013). Radio interview. Dr. Joe discussed The Secret Box® and his work at Kid Angel Foundation.

Dr. Joe's Guide for Easing Holiday Stress. (December 2013). New York Resident Magazine. Dr. Joe Taravella, author.

Bella NYC. (November/December 2013). Dr. Joe Taravella was featured as expert voice to answer reader's question on emotional healing.

Glamour.com (November 4, 2013). Website featured Dr. Joe and his tips on how to mentally prepare for a marathon.

Live From the Couch WLNY-TV. (November 19, 2013). Dr. Joe was featured as expert on "Peace of Mind" live segment for TV morning news program to discuss ways to avoid anxiety during the holiday season.

Dr. Joe's Guide for Thankful Holiday Season. (November 2013). New York Resident Magazine. Dr. Joe Taravella, author.

Reader's Digest. (November 2013). Are You Normal or Nuts? 2013 Edition. Lenore Skenazy. Dr. Joe featured as an expert.

Staten Island Advance. (October 30, 2013). The newspaper article featured Dr. Joe's running career, and how he used his experience as a psychologist to mentally prepare for the NYC Marathon on November 3, 2013.

WellAndGoodNYC.com (October 23, 2013). Dr. Joe discussed five mental strategies all runners need to know.

Dr. Joe's Guide for Bullying. (October 2013). New York Resident Magazine. Dr. Joe Taravella, author.

The Paul and Matty Show. (September 12, 2013). Radio interview. Dr. Joe discussed psychological issues.

411 Teen Radio with Dr. Liz Holifield. (September 3, 2013). Radio interview. Dr. Joe discussed back to school issues and how to deal with bullying.

Dr. Joe's Guide for Back to School. (September 2013). New York Resident Magazine. Dr. Joe Taravella, author.

Live From the Couch WLNY-TV. (August 30, 2013). Dr. Joe featured as expert on "Back To School" live segment for TV morning news program to discuss tips for getting ready for the new school year and ways to help your children adjust to their new schedule.

Scholastic Choices (August 13, 2013). Dr. Joe wrote tips for teens in high-pressure situations.

Provincetown Library (August 9, 2013). Dr. Joe's book reading and signing of "Hugs of Three: My Daddies and Me" and "Hugs of Three: My Mommies and Me."

Talking Back Radio with Dr. Paula Sperry (August 8, 2013). Radio interview. Dr. Joe discussed the publication of his children's books and diverse families.

NoBullying.com (August 7, 2013). Skype interview. Dr. Joe discussed the span of bullying and how it has changed over the years.

EveryMotherCounts.com. (June 25, 2013). Dr. Joe Taravella and Dr. Stacey Bromberg discuss diverse families and forward footsteps.

Colorado's Best KDVR-TV. (May 13, 2013). Dr. Joe Taravella and Dr. Stacey Bromberg discussed their children's board books and the passage of Civil Unions in Colorado on Colorado's Best Morning News TV Program.

ADHD: Signs, Symptoms, and Effective Treatments for Children. (April 26, 2013). Dr. Eric Hollander, Stefanie Wiess, Dr. Joe Taravella, Stephanie Weldon, Dr. Steven Kurtz, presenters. Spectrum Neuroscience and Treatment Institute, New York, New York.

Hugs of Three: My Dads and Me. (Fall 2012). Dr. Stacey Bromberg & Dr. Joe Taravella, authors and publishers of children's board book.

Hugs of Three: My Moms and Me. (Fall 2012). Dr. Stacey Bromberg & Dr. Joe Taravella, author and publishers of children's board book.

Supportive Parenting of Your Preadolescent Through the Middle School Years. (October 15, 2013). Keynote speaker Dr. Joe Taravella. Parent Academy, South Orange Middle School.

The Secret of Purposeful Parenting Your Preadolescent. (October 16, 2012). Keynote speaker Dr. Joe Taravella. Parent Academy, South Orange Middle School.

Milioti, Stephen, F. (2011). Three Proven Post Breakup Strategies. Msnbc.com; match.com. Dr. Joe Taravella as expert.

School Packed Lunches May Not Be Safe to Eat. (August 2011). CBS News. Joe Taravella and children featured.

Family Building via Egg Donation and/or Gestational Surrogacy. The Institute for Reproductive Medicine and Sciences at Saint Barnabas Hospital, Hoboken, New Jersey. Dr. Joe Taravella, presenter.

Family Building via Egg Donation and/or Gestational Surrogacy. The Lesbian, Gay, Bisexual and Transgender Community Center, New York City. Dr. Joe Taravella, presenter.

Gay Parent Magazine. (March/April 2011). Taravella Family Cover Story.

Family Building Event. (April 22, 2010). A Panel on Adoption and Surrogacy. Seton Hall Law School. Dr. Joe Taravella, presenter.

Brondolo, E., Imarobe, K., Karlin, W., Taravella, J., Mencía-Ripley, A., Schwartz, J., Pickering, T., & Contrada, R. (April 2009). Trait Hostility and Ambulatory Blood Pressure among Traffic Enforcement Agents: The Effects of Stressful Social Interactions. Journal of Occupational Health Psychology, 14, 110-121.

Langer, K. & Taravella, J. (August 2008). Psychological and Post-traumatic Effects of Identity Theft. Poster presented at the 116<sup>th</sup> Convention of the American Psychological Association, Boston, MA.

More Gay Men Embrace Marriage, Fatherhood: Changing Laws, Surrogacy Programs Create Options for Same-Sex Couples. (August 2008). The Associated Press. Taravella Family Featured.

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