

THE ACHIEVABLE FOUNDATION



WHO ARE WE

- Federally Qualified Health Center in Culver City
- First FQHC with a focus on caring for people with intellectual and developmental disabilities
- Co-located with Westside Regional Center
- 10 year anniversary this year!

WHO DO WE SERVE

- People of all ages and abilities who live in Culver City and the surrounding communities, regardless of ability to pay
- Mostly patients who have Medi-cal
- About 30% of our patients are also Regional Center clients

WHAT DO WE DO?

- Provide primary care to a diverse group of people
- Provide mental health services- therapy and psychiatry
- Provide supportive services for patients who need them to ensure they can access the care they need
- Evaluate our effectiveness and work to improve the health outcomes of the populations we serve

WHAT'S DIFFERENT ABOUT ACHIEVABLE

- “They say they can’t take care of people like me there”
- “These Doctors Admit They Don’t Want Patients With Disabilities”
 - New York Times 10/19/2022
- Welcoming, accessible, designed with people with disabilities in mind.

THINK ABOUT YOUR DOCTOR'S OFFICE

- Who can be weighed?
- Who can access the exam table?
- What would happen if someone was yelling in the waiting room?
- Is there room in an exam room for a person using a wheelchair, the doctor and a couple of support people?
- How long do you have to tell your story?

AT ACHIEVABLE

- Who can be weighed?
 - Almost anyone! Wheelchair scale, scale that is flat to the ground, exam tables that can weigh people and measure length
- Who can access the exam tables?
 - Almost anyone! Special exam tables that go very low to the floor, are wide, have handles. Hoyer lift for transfers.
- What would happen if someone was yelling in the waiting room?
 - Staff with training and desire to meet the needs of each individual patient
- Is there enough room in the exam room?
 - Yes!
- How long do you have to tell your story?
 - Extended visit times for patients who need it.

QUESTIONS?

- Please feel free to reach out if questions come up later too:
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