

“Paper Tigers”: A Movie Screening and Community Conversation On Childhood Trauma and Equity

Event Description:

The Equity and Human Relations Advisory Committee will screen the movie “Paper Tigers,” a 100-minute documentary by writer/director James Redford, about a year in the life of high school students who are undergoing tremendous stress, and who eventually profit greatly from “trauma informed” education, assessment and intervention.

Following the movie screening, we will have a community conversation on childhood trauma, its relationship to equity issues, and what we can do about it...

Date: Saturday, September 17, 2022.

Time: 1pm to 5pm

Location: Robert Frost Auditorium in Culver City High School

At the last EHRAC meeting staff asked us to respond to a series of questions regarding the event. We submitted our written responses to staff earlier this month.

In addition our main focus has been to see if we can secure a sponsorship and other support by the Culver City School Board/District for this event.

Summer McBride, who is one of our confirmed event panelists and a Culver City school board member, has confirmed that she will be attending the event in her capacity as a school board member.

In addition, Summer has been in contact with the School Superintendent on our behalf. We’ve made the following requests of support (as of the time of submission of this report we’re still awaiting confirmation as to the status of our requests):

* District can co-sponsor the event, so we can add their logo to the flyer...?

* The superintendent can be a panelist at the event, or just say some words of welcome during the event...?

* District can provide a list of resources to share with the audience...? Resources can include 24-hour crisis hotlines that people can call immediately for support in case someone feels triggered during the event...

- * District can provide counselors who will attend the event and be available to talk with members of the audience that maybe triggered...?
- * Event can be promoted through-out the schools, including in their newsletters... and they can have this event be in place of their monthly town-hall...?
- * School staff can often get volunteers to help staff events. This will be best since that will save cost all around **NOTE: committee members could volunteer at the even as well!**
- * City and district could split the staffing costs...?
- * District can invite affinity groups to send volunteers to the event, and also attend the event...?

3 confirmed panelists:

- Triston Ezidore (recently graduated CCHS student)
- Leah Pressman (trauma expert)
- Summer McBride (Culver City school board member)

Each panelist will have about 5 mins to share their initial reflections on the movie or theme/topic related to the movie.

We're preparing prompts/questions that will help keep the discussion focused on themes of childhood trauma and equity...

Staff will secure the license for movie screening...

We can get a DVD for a single public performance/viewing for **\$400.88** from Roco Educational.

https://www.rocoeducational.com/paper_tigers

<https://www.rocoeducational.com/resilience>

Bio's of confirmed panelists:

1. Summer McBride, Culver City Board of Education

Bio:

Summer McBride is a parent of four CCUSD students and one recent graduate. She had the privilege of being appointed to the Culver City Board of Education in March 2017 and elected for a full term in November 2018. She serves on various committees including the Equity Advisory Council, the Environmental Sustainability Food Services subcommittee, and the Labor Management Partnership. Summer is a certified parenting instructor, full spectrum doula, and trained facilitator of Centering Pregnancy (group prenatal care) through Charles Drew University. She serves as faculty for iDREAM for Racial Health Equity and as a co-chair on the LA County African American Infant and Maternal Mortality Community Action Team. Summer is also a Commissioner for the Los Angeles County Department of Public Social Services. She has a BA in Social Psychology from Southern New Hampshire University. Her advocacy and interests converge at the intersection of health and educational equity and justice with an emphasis on whole-person care.

2. Triston Ezidore, Culver City High School Recent Grad

Bio:

I'm a student, the son of a Vietnam immigrant, and a staunch believer in a school district built for all students to thrive.

As a recent graduate from Culver City Unified School District, I have worked in a coalition to root our district in anti-racism and deliver bold systemic change to our students who have been left behind. I wholeheartedly believe that the people closest to the pain, should be closest to the power, and that diversity amongst legislative bodies is essential to enact systemic change for future generations to thrive.

Born in Minnesota, and raised between Las Vegas and Los Angeles due to housing insecurity and opportunity, I have attended several different schools, in several different districts, and in several different states. For the lion's share of my life, I was raised by my single mom who, despite economic hurdles, risked it all to send my sister and me to the best schools possible. Through these experiences of navigating through a wealth of schools, I've seen just how vital district leadership is.

Shifting from a small school in Vegas to Culver City Unified School District (CCUSD) in my sophomore year of high school, I was immersed in a racially diverse environment that offered little to no resources for students like me to thrive. After the murder of George Floyd, I joined a youth-led organization known as poc4change. As a collective, we organized and took to the streets to push for our city to center the voices and experiences of young folx who are the most affected by our transformative legislation. It was through these experiences that I saw how government and politics can help solve problems, remove

barriers, and empower people. We showed up at school board meetings and advocated for gender and ethnic studies as a graduation requirement. We participated in the first year of the CCUSDs strategic equity plan committee where we championed mirrors within K-12 education. At the high school level, we joined 3 out of the 4 site committees, the Sexual Misconduct Action Group, the Positive Behavior and Intervention Supports (PBIS) committee, and the Restorative Practices group. We made sure that equity was the glue that binds all of our district policies.

As impact is the motivation behind everything that I do, this work is deeply personal to me. My deep roots in our school district lead me to know that together, we can build a Culver City Unified School District for everyone. Let's get to work.

3. Leah Pressman, Ph.D., Psychologist

Bio:

My practice welcomes adults and adolescents facing concerns such as managing stress, dealing with loss, improving relationships, loneliness, eating and body-image issues, self-esteem, anxiety, sadness and depression. My approach to therapy emphasizes the development of a mutually respectful helping bond and integrates psychodynamic, insight-oriented, and cognitive-behavioral perspectives. I will work to help you more effectively manage distress and maximize growth and joy.

In addition to private practice, I worked as an attending psychologist at the UCLA Neuropsychiatric Hospital Child and Adolescent Eating Disorder Program (2002 - 2015) and the UCLA Adult Eating Disorder Program (2008 - 2015). I have been licensed in California since 2002 (CA PSY 18124) and am currently an assistant professor of psychology at UCLA Neuropsychiatric Hospital.

I received my Ph.D. at the University of Colorado at Boulder (2001) and completed a clinical internship & post-doctoral training at UCLA child and adolescent psychiatry (2000-2002).