

Senior Event Subcommittee Report

During our first meeting, the subcommittee discussed various topics for the event, and how each would follow the ERHAC work plan and bylaws. After much discussion, we agreed that an event on Ageism would focus not only on Seniors but also young people.

Our event will be a thought-provoking discussion on ageism, a widely prevalent form of discrimination that affects people of all ages. This event will explore the concept of ageism, its impact on individuals, and ways to combat it.

Ageism is a form of discrimination that is often overlooked but can have serious consequences on individuals and society. It can manifest in various ways, such as negative attitudes, stereotypes, and discriminatory practices towards people based on their age. Ageism can affect people of all ages, particularly seniors and minors, and can impact various aspects of their lives, including employment, healthcare, and social interactions.

We plan on having two main speakers, who have professional knowledge in the field, as well as a panel of people of various ages to discuss their experiences with ageism. The event will include a discussion on Ageism and ways to combat it, an informational video, and breakout groups for participants to discuss their experiences with ageism and strategies to overcome ageism.

The committee is currently in the process of contacting potential main speakers and panelists.