

**Teen Programming**  
*Darren Uhl, RCS Manager*

**Teen Mental Health Resources**  
*Jill Thomsen, RCS Supervisor*

December 1, 2020






---

---

---

---

---

---

---

---

**Teen Programming**  
*PAST*

- Afterschool Drop-In Program
  - Education
  - Recreation
- Ages 10 – 18
- 70% Middle School Students





---

---

---

---

---

---

---

---

**Teen Programming**  
*PRESENT*

- 15 New Rec Leaders
  - Interviewing More
- Rec Specialists
  - Highest Level Part-Time Position
  - Key Responsibilities





---

---

---

---

---

---

---

---

**Teen Programming**  
*FUTURE*

- Free of Charge
- Typically 4 Weeks
- 1 or 2 Rec Leaders
- DICC / Temperature Checks



---

---

---

---

---

---

---

---

**Teen Programming**  
*FUTURE*

- Masks Required
- 12 Per Group Max
- 6<sup>th</sup> – 8<sup>th</sup> Graders
  - 4 New Classes
- 9<sup>th</sup> – 12<sup>th</sup> Graders
  - 3 New Classes



---

---

---

---

---

---

---

---

**Teen Programming**  
*CLASSES*

- Walking Group
- Connect Club
- Art in the Park
- TikTok Dance Crew
  - For 6<sup>th</sup> – 8<sup>th</sup> Graders Only



---

---

---

---

---

---

---

---

**Teen Programming**  
*CLASSES*

- Walking Group
  - New Park Weekly
  - One Hour Walk
  - Wed. / 3 – 4 PM
- Connect Club
  - New Topic Weekly
  - El Marino Park
  - Tues. / 3 – 4 PM



---

---

---

---

---

---

---

---

**Teen Programming**  
*CLASSES*

- Art in the Park
  - Different Art Medium Weekly
  - Art Show at Park
  - 2 Rec Leaders
  - 8-Week Sessions
  - El Marino Park
  - Mon. / 3 – 4 PM



---

---

---

---

---

---

---

---

**Teen Programming**  
*CLASSES*

- TikTok Dance Crew
  - Vote on a TikTok Dance
  - Learn Dance
  - Video Performance
  - 6 Per Group Max
  - Carlson Park
  - Thurs. / 3 – 4 PM



---

---

---

---

---

---

---

---

**Teen Mental Health Resources CALLS**

- Daniella Gutierrez, RCS Coordinator
- (310) 253-6712
- Local Referrals
  - Support Groups
  - Hotlines





---

---

---

---

---

---

---

---

**Teen Mental Health Resources ONLINE**

Culver.City.org

- Services: Housing, Health & Human Services
- Health & Wellness Resources
- Preteens & Teenagers
- Resources & Links





---

---

---

---

---

---

---

---

**Teen Mental Health Resources ONLINE**

- Highlights of Mental Health Resources
  - Seize the awkward
  - Antioch University Counseling Center
  - Southern California Counseling Center





---

---

---

---

---

---

---

---