

MEETING DATE: April 7, 2015

AGENDA ITEM: Informational Item Regarding Senior Center Programming and the Senior Nutrition Program from the Senior & Social Services/Facilities Division of the Parks, Recreation and Community Services Department.

ATTACHMENT

Pages

PRCS Department Senior & Social Services/Facilities Division: Presentation on Senior Center Programming and the Nutrition Program.	1 - 8
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Senior & Social Services Division

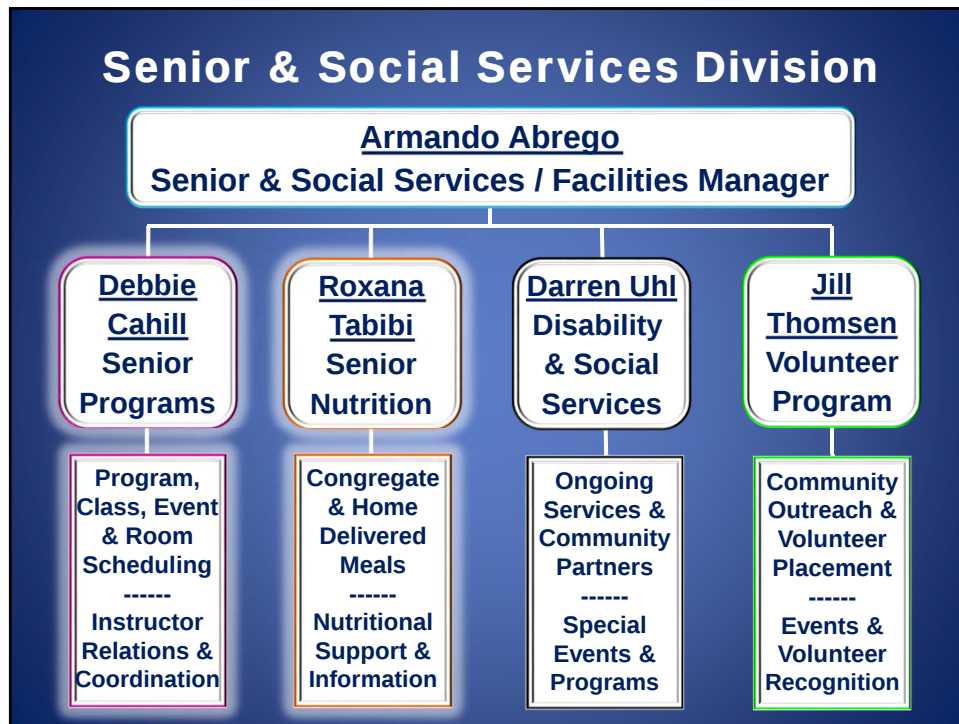
**Senior Center
Programming**

and the

**Nutrition
Program**

Armando Abrego, Sr Social Srvcs/Facilities Manager





Senior Center Programming



Senior Prom
Royalty



Fitness
Class



Hispanic
Heritage Party



Line Dancing
Party



Semi-Annual
Art Show



Halloween
Celebration

Senior Center Programming



- Presentation by Debbie Cahill,
Senior Center Programming Specialist
- Overview of Topics
 - Classes & Special Interest Groups
 - Special Events
 - Educational Seminars & Community Partners



Senior & Social Services Division

Classes & Special Interests



- 75+ Classes per Week
- Fitness Classes
- Art & Music Classes
- Language & Cultural Arts Classes
- Special Interest Groups



Senior Center Programming

Special Events



- Classical & Popular Music Concerts
- "Talent" Shows
- Saturday Dance
- Movies
- Holiday Parties & Special Celebrations



Senior Center Programming

Seminars & Partners



- **Educational & Informational Seminars**
 - Health & Wellness
 - Financial Planning & Current Issues
 - Multiple Topics Focusing on Seniors' Interests
- **Community Partners**
 - UCLA Longevity Center and HealthCare 50+
 - Ms. Senior American of California Pageant
 - OTIS School of Art & Design



Senior Center Programming

Senior Nutrition Program



Congregate
Meals



4th of July
Celebration



Highest Award for
Safe Food Service



Home Delivery
Volunteer Driver



"Snack & Chat"
Volunteer



Nutrition
Program Awards

Senior Nutrition Program



- Presentation by Roxana Tabibi, Nutrition Program Specialist
- Overview of Topics
 - Fiscal Year 2013/2014 Statistics
 - Core Programs & Support
 - Program Guidelines
 - Special Programs & Awards



Senior & Social Services Division

FY 2013 / 2014 Statistics



Programs & Services

Congregate Meals	30,148 meals
Home Delivered Meals	7,707 meals
Telephone Reassurance	1,667 calls
Diabetes Support Group	11 sessions
In-Service Training	4 sessions
Individual Counseling	48 clients
Cooking Classes	10 classes



Senior Nutrition Program

Core Programs & Support



- **Core Programs**
 - Congregate & Home Delivered Meals
 - Telephone Reassurance
- **Volunteer Support**
- **Funding Sources**
 - Nutrition Services Incentive Program (Federal)
 - Dept. of Community & Senior Services (County)
 - Participant Donations



Senior Nutrition Program

Program Guidelines



- **Caterer & Menu Planning**
 - CNS & ENHANCE Program
 - Certified Menus / Approved Caterers / Audits
- **Operations & Service Delivery**
 - L.A. County Residency Required
 - Congregate Sites
 - Culver City Senior Center
 - Roxbury Park Community Center
 - Home Delivered Meal Program



We serve more than a meal!

Special Programs & Awards



- **Nutrition & Wellness Programs**
 - Snack & Chat (sponsored by CCSCA)
 - Diabetes Support Group & SNAP-ED
 - Individual Counseling & Cooking Classes
- **Awards**
 - Distinguished Site Award
 - Silver Thermometer Award
 - Golden Apple Award



Smiles are part of our service!

Questions?

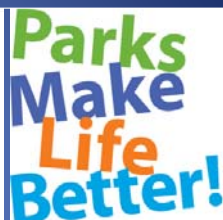


**Parks
Recreation &
Community
Services
Department**

Nutrition
Volunteers



CC
Strummers



STAGES
Program